

Transylvania Tattler



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March 2010

This newsletter is the official publication of Transylvania County Retired School Personnel and is published five times per year, every other month during the school year. This newsletter is provided as a membership service to members of the local unit and potential members on specific occasions.



MARCH MEETING INFORMATION

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 Josephine Heath

LEADERSHIP

President
 Betty Reed
Vice President
 Marty Griffin
Secretary
 Peggy Singleton
Treasurer
 Josephine Heath
Membership
 Chris Williams
 Sharon Bentley
Community Participation
 Vera Taylor
Scholarship Fund
 Barbara Nicholson
Necrology
 Nancy Brookshire
 Sally Baker
Sunshine
 Jeanette Ford
 Vinelle Davis
Historian
 Margaret Kilstrom
Legislative
 Paul Edwards
 John Huggins
Fund Raising
 Barbara Nicholson
Nominating Committee
 Bud Case
 Marty Griffin
 Vera Taylor

Transylvania County Retired School Personnel will meet March 25, 2010, beginning at 11:30 am at the Rogow room at the Transylvania County Library. President Betty Reed will conduct the business meeting. The program will be presented by the Wellness Committee. The meal will be catered by the School Food Service staff of the school system at a cost of \$8. Jo Heath will be there at 11:00 to begin collecting lunch fees. The meal will begin at noon. Free Screening by the Wellness Committee will begin at 11:00 also

Our State Convention delegates will also give us an update on state happenings and convention highlights.

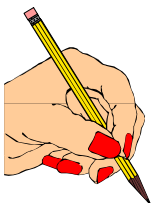
At the January meeting we decided to all bring a pack of diapers to our May meeting to be delivered to needy mothers in Transylvania County.

TREASURER'S REPORT



March 2, 2010

\$2,036.98	Current Balance
<u>1.081.01</u>	Fund Raising
\$ 955.97	
<u>-300.00</u>	grant money to be used for convention expense
\$655.97	Operating Balance



Minutes of the January Meeting

The Transylvania County Retired School Personnel held its January 21, 2010 meeting at Twin Dragons Restaurant. After the buffet lunch, President Betty Reed welcomed the group and introduced Charlotte Galloway, who gave the devotional. Marty Griffin announced the future meetings for the year, including the March 25 meeting at the Brevard Public Library and the May meeting at Vera's Holly View Farm.

Marty then introduced Vera Taylor as the guest speaker. Vera opened her talk by encouraging members to register online with NEA for money saving opportunities. She stated that last year was the worst political one in memory, but the next 5 years will be worse unless the legislature tackles the tax code. She also expressed concerns over our eroding health insurance coverage. Two important things that members can do to influence legislation are recruiting and maintaining membership in NCAE and annual reporting of Volunteer Hours (valued at \$20.25 per hour by www.independantsector.org). Legislators are impressed by numbers and dollars invested. She also noted that members must stay informed on current issues and contribute regularly to the NCAE PAC fund.

Minutes and treasurer's report were approved. Chris Williams told members of her committee's efforts to recruit new members. They have concluded that face-to-face contact was the most effective method of recruitment. John Huggins told members to check AARP's website for current legislative updates. Barbara Nicholson asked members to buy tickets for door prizes.

Betty thanked members for food donations to the Bread of Life soup kitchen and members were invited to cook lunch at Bread of Life next Tuesday. Linda Weber announced an opportunity to contribute aid to Haiti through the Transylvania Medical Society for Dr. Ora Wells' trip there. A hat was passed and over \$300 was collected.

RoAnn Balding told members that the March meeting would focus on wellness. President Betty Reed thanked members for attending and turned the meeting over to Barbara Nicholson for distributing door prizes.

Peggy Singleton, Secretary



A Message from our President

Greetings! Spring is just around the corner, and should be well established by our meeting on March 25. Our charter members, Annie Hailey, Mary Harden, Wilma Enloe, Laverne Hogsed, Thelma Patterson, and Mae Winget, have been invited to be our special guests at this month's meeting. We hope some of them will be able to come and allow us to show our appreciation for their part in our organization's history.

Some of us will be attending our State Convention on March 17-18 in Winston-Salem to support our organization and OUR PRESIDENT. We will try to give you an update on accomplishments made during those sessions.

Molly Tartt chaired a committee composed of Barbara Putnam and Linda Weber to construct a Brag Board focused on the Soup Kitchen project to be displayed at the Convention. The Transylvania Times' article about our retirees who volunteer there provided positive publicity for our organization. Becky Huggins was responsible for setting that up, and I hope Bob Ingle received a copy of it.

Barbara Putnam, a gifted expert in furniture restoration, contributed an ottoman for TCRSP's donation to the Silent Auction at this year's convention. I expect enthusiastic bidding for that item.

I hope each of you has by now activated your membership card at www.ncae.org or by calling 1-888.313.6648. If you have had some savings by doing this, please share your experience with other members.

NEA is seeking stories from your teaching experiences for a book which they plan to publish. I have emailed the directions to those with email and will provide a few copies for others of you at our meeting.

Fifty copies of information and discount cards regarding our Vision Discount Plan 1500 will be available for you to pick up at the next meeting. Vera has cautioned me that in many instances the plan fails to bring any great benefit, but the information will be available for you. The number to call if you have questions about this plan is 1.800.820.3132.

Barbara Putnam, elections chairperson, will provide NCAE ballots for U.S. Senate Candidate endorsements and ballots for the NEA-R Convention delegates during our meeting. Following the meeting she will FAX the results to the Raleigh office and mail the ballots. NEA-R delegate candidates are listed on page 5 of the February Panorama; Yvonne Hart of Haywood County is from our district.

Our annual wellness clinic will have a new face this March. RoAnn Balding and her committee will be presenting valuable information as a part of our new business agenda.

Finally, if you have a friend or former colleague who is planning to retire this year, please invite him or her to join our organization. And do consider attending the TCAE banquet honoring retirees and friends of education on May 4. Contact Anela McMahan to purchase a ticket. [The new payroll deduction form is described on page 10 of the February *Panorama*.]

Our organization is nothing without the contributions of our members. Thanks in a special way to those of you who serve on committees or chair committees. You often deserve a salary, but that won't happen. And, thanks, too, to those of you who faithfully attend our meetings—that in itself is a contribution. Thanks also for volunteering in the larger community and making a positive impact in so many ways. I am impressed by what you are able to accomplish and I know you are an inspiration to others.

Hoping to see you soon, Betty

March Wellness Clinic Information

Free Screening by the Committee members begins at 11AM.

The Wellness Screening Committee will have three presentations for the March 25 meeting. RoAnn Balding and Dottie Vaniman will challenge us to manage our STRESS; Team 1: Chris Williams, JoAnn Bryson, Connie Daniels, Faye Coan, Becky Huggins, Sue Fox will teach us how to control our weight and prevent obesity; and Team 2: Kathy Beddingfield, Tess Duncan, Molly Tartt, Susan Bir, and Carolyn Peterson will help us prevent Alzheimer's. Oh yes, Dr. Oz will help with the Alzheimer's screening. These teams have done an outstanding job getting these presentations ready, so come and join us.

RoAnn Balding
Wellness Committee Chair



NOTES AND QUOTES

- If you have suggestions for TCRSP programs for the May meeting or meetings in the 2010-2011 year, please call Marty Griffin (883-8707) and share.
- Final meeting for this year will be a covered dish on May 20, 2010 at Holly View Farm picnic shed on Vera Taylor's property (off Lyday Loop Rd in Penrose).
- According to the value established by the 'Public Sector' and endorsed by AARP at a value of \$20.25 for each volunteer hour, the 16,153 hours reported by 71 of our members had a value of \$327,098.25 to the community and public agencies in Transylvania County last year. BE PROUD! Tom Thomas topped out with 1716 hours at DuPont State Park, Gorges State Park and Pisgah National Forest laying out, clearing, and maintaining walking, biking, and horse riding trails. GO TOM!!!

