

# Transylvania Tattler



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This newsletter is the official publication of Transylvania County Retired School Personnel and is published five times per year, every other month during the school year. This newsletter is provided as a membership service to members of the local unit and potential members on specific occasions.



## MAY MEETING INFORMATION

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Chairs and Officers

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Josephine Heath

Transylvania County Retired School Personnel will have our final meeting of the year May 20, 2010, beginning at 11:30 am at Vera Taylor's Holly View Farm off Lyday Loop Road in Penrose. We will enjoy a covered dish luncheon at Vera's picnic shed. Drinks and paper products will be provided. Bring a covered dish and enjoy a wonderful meal before our program. Our guest will be June Pearson from Asheville NCAE. June will speak to us about some of the benefits that are available to us with our membership cards. We will also be collecting diapers for the Children's Center at this meeting.

Please join us and bring a Transylvania County Schools retiree who has not joined our ranks. Recruitment for next membership year is now!!

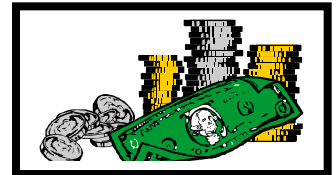
### LEADERSHIP

**President**  
Betty Reed  
**Vice President**  
Marty Griffin  
**Secretary**  
Peggy Singleton  
**Treasurer**  
Josephine Heath  
**Membership**  
Chris Williams  
Sharon Bentley  
**Community Participation**  
Vera Taylor  
**Scholarship Fund**  
Barbara Nicholson  
**Necrology**  
Nancy Brookshire  
Sally Baker  
**Sunshine**  
Jeanette Ford  
Vinnelle Davis  
**Historian**  
Margaret Kilstrom  
**Legislative**  
Paul Edwards  
John Huggins  
**Fund Raising**  
Barbara Nicholson  
**Nominating Committee**  
Bud Case  
Marty Griffin  
Vera Taylor

### Breaking News!

We now have our own website. <http://tcrsp.edublogs.org/about> Many thanks go to Chris Williams for her hard work in setting up and maintaining this site. Check it often for updates. The Meeting Schedule page has directions to Vera's farm for those who haven't been there in the past. Hooray for Chris!

## TREASURER'S REPORT



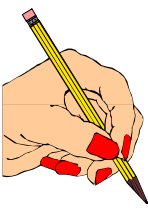
### Treasurer's Report-May 10, 2010

Current balance-- \$1770.45  
Fund raising----- \$1085.20  
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Operating balance \$ 685.25

#### Reminder:

Wear your name tag or owe the treasury a fee of \$1.00. Remember, everyone doesn't know everyone else.

Will the member who gave me a receipt, at the March meeting, from Copy Works, please call me so I can get a check to you . (877-4771)



## Minutes of the March Meeting



Mary Hardin



**Charter  
Members  
Honored**



Wilma Enloe



Dr. Kim Elliot

Transylvania County Retired School Personnel met Thursday, March 25, 2010 in the Rogow Room of the Transylvania Public Library. Vice President Marty Griffin called the meeting to order and introduced Barbara Putnam, who distributed NCAE ballots to members for voting. Special recognition was given to TCRSP charter members Mary Hardin, Wilma Enloe, and Laverne Hogsed, who was represented by her daughter Sharon Hogsed. Annie Haley and Thelma Patterson were also named as living charter members, but were not present at the meeting.

Betty Tinsley gave the devotional and blessing before the healthy heart lunch buffet catered by TCS Food Service. Marty reminded the group to pay for lunch and turn in completed ballots.

In keeping with the healthy living theme, RoAnn Balding and her Wellness Committee organized a Wellness Screening prior to the meeting. Former students who are now RN's and their RN friends helped with the screening.

After lunch Sue Fox introduced Amanda (Stansbury) Fisher, a 2004 RHS graduate, who is now the Clinical Nutritionist at Transylvania Regional Hospital. Amanda did a short presentation on healthy diets and provided handouts.

Dr. Kim Elliot, Coordinator of Elementary and Middle School Curriculum, shared local, state and national education happenings on behalf of Dr. McDaris.

Minutes were approved. Jo Heath reported a current operating balance of \$594.52.

Vera Taylor presented the slate of officers for TCRSP 2010-2012 as follows:

President-Marty Griffin  
Vice President-Carolyn Peterson  
Secretary- Kathy Beddingfield  
Treasurer-Vera Taylor

They were unanimously approved.

Chris Williams reported 120 members and urged the group to recruit others. Vera explained the two new enrollment forms which give new enrollees a financial break.

Vera Taylor, History Committee, reported that the state organization is working on an update for NCAE history. She also reminded the group that they have to complete a new enrollment application for BCBS health insurance if they choose the 80/20 option. Otherwise they will have a 70/30 plan. Linda Weber asked for members current email addresses. Nancy Brookshire announced the death of Rose Burrell and Pat Bishop.

For community service, Becky Huggins reported that efforts to get Ingles to donate outdated produce to Bread of Life have not been successful. Barbara Nicholson announced that \$200 in door prize tickets has been raised.

John Huggins gave the legislative update. He distributed NCRSP priorities for 2010: 1) full funding of state health plan, 2) health plan to go to calendar year basis 3) increase of a 0.71% of payroll and 4) cost of living adjustments kept even with inflation.

RoAnn Balding and her Wellness committee presented short summations of managing stress by Dottie Vaniman, signs of dementia by Molly Tartt, and good nutrition by Kathy Beddingfield. They were assisted by Chris Williams, Carolyn Peterson, and Joann Bryson. RoAnn announced that the team would be "taking the show on the road" to Henderson County RSP soon.

Marty reminded the group of the following important dates:

May 4-NCAE Retirees' Banquet at Glen Cannon Country club

May 7-District I Meeting at Lake Junaluska

May 20-Final Meeting and picnic at Vera Taylor's home. Bring diapers for the Children's Center.

The meeting concluded with the drawing of door prizes.

Submitted by, Peggy Singleton



**A Heart  
Healthy  
Lunch**



**Wellness Clinic**



Amanda Fisher



Our March Wellness Program was a great success. Several TCRSP members asked for a copy of Dottie Vaniman's words of wisdom on stress. This provides delicious and nutritious food for thought for all of us!

*Here are some great ways of dealing with the burdens of life:*

*Accept that some days you're the pigeon and some days you're the statue*

*Always keep your words soft and sweet in case you have to eat them*

*Always wear stuff that will make you look good if you die in the middle of it*

*Drive carefully. It's not only cars that can be "recalled" by their maker*

*If you can't be kind, at least have the decency to be vague*

*If you lend someone \$20 and never see that person again, it was probably worth it*

*It may be your sole purpose in life is simply to be kind to others*

*Never put both feet in your mouth at the same time because you won't have a leg to stand on*

*Nobody cares if you can't dance well, just get up and dance*

*When everything's coming your way, you're in the wrong lane*

*Birthdays are good for you. The more you have, the longer you live*

*You may be only one person in the world, but you may also be the world to one person*

*Some mistakes are too much fun to only make once*

*We could learn a lot from crayons....Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colors, but they all have to live in the same box.*

*A truly happy person is one who can enjoy the scenery on a detour.*

***HAVE AN AWESOME DAY AND KNOW THAT SOMEONE HAS THOUGHT ABOUT YOU TODAY. I did!***



## MESSAGE FROM THE PRESIDENT

Greetings!

Thank you for your many efforts toward accomplishing TCRSP's goals during the past year. We were well represented at two District 1 Conferences, at our State Convention, at the Regional NEA-R Convention in Asheville, at the recent TCAE Banquet honoring retirees and friends of education, and in activities of the smaller committees formed to keep us moving forward. The "Calling Committee" is one that I especially salute because its efforts keep members aware of important events and opportunities. Not all of us have e-mail, but we do have telephones. And the other committees have provided valuable services. Thanks to each of you for your efforts. Our standing committees—Membership, Community Participation, Scholarship, Memorials, Sunshine, History, and Nominating—have done a great job. And we appreciate Betty Tinsley's serving as our chaplain. Each of you deserves a medal.

Our meetings have been well attended in spite of the rains of September and March, and that is another of your responses that has been encouraging. After reflecting on our past year's activities, I think we have had a successful year. At last summer's board meeting, we agreed to do a diaper or food drive at every other meeting (September, January, May), and your response has been wonderful! We passed the hat to sponsor an entry in Festival of Trees and to assist in Dr. Ora Wells' mission to Haiti. You are generous not only with your time but also with your money. (The Water Bottle Project for Field Day at Rosman Elementary School will occur in June. That committee is busy now getting ready for the event.) Our members' participation in community service has been outstanding. You are a terrific group to work with.

I am looking forward to our meeting on May 20, our final get-together for this biennium. Hope to see you there. Betty

A reminder from Vera: Be sure to keep your volunteer hours for Community Participation. This past year the reporting was 58%. That's up from less than 20% the previous year.

